



BARNEGAT ATHLETIC DEPARTMENT

180 Bengal Blvd.
BARNEGAT, NEW JERSEY 08005
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John J. Germano
Director of Athletics

Supervisor of Health & Physical Education – K-12

Jessica Fraser
Athletic Secretary

Lauren Tribley
Athletic Trainer

Dear Sixth, Seventh and Eighth Grade Students and Parents;

The winter season is just around the corner, and with it comes the excitement of Barnegat Athletics! The Sixth, Seventh, and Eighth Grade Interscholastic Winter Sports Program includes three (3) interscholastic sports and activities: Boys and Girls Basketball, and Wrestling.

Each Interscholastic Sports Program will include approximately two to three (2-3) games or meets per week and two or three (2 or 3) practice sessions per week. Schedules can be located on schedulestar.com or on the Brackman page of the website under Bulldog Athletics. Practice sessions will vary by sport, with the possibility of an occasional weekend session. Game schedules and times will vary due to the traveling distance and the location of Barnegat opponents. No transportation will be provided for students at the end of practice. **Parents MUST provide transportation home when practice is completed.**

If your child has not yet had a physical for the 2023-2024 school year, you must make arrangements to have a medical examination conducted by a private physician as soon as possible. As per board policy, such medical examination results must be reported on approved Barnegat Township School District forms, inclusive of all mandated information. Forms are available on the district website or in the Brackman main office. When complete, please return to the main office of the Russell O. Brackman Middle School. The Pre-participation Physical Evaluation forms **MUST** be completed **PRIOR** to the physical exam.

Candidates who miss their respective grade level tryout day because they have not returned their required paperwork will **not** be given additional tryout dates.

No student will be allowed to make up a tryout unless they have a doctor's note for that day.

All tryout candidates should bring a proper change of clothing. They will be given an opportunity to change before and after tryouts. Students are encouraged to lock all their belongings in the locker room with the school lock they are issued. They should be sure that the lock is properly engaged before leaving the locker room.

A physical is only valid for 365 days and is required for all sports (365 days from the date of the exam). If a student has submitted a physical for the 2023 Fall Season a “PHYSICAL ON FILE” **PACKET must be picked up in the office or printed from the website. All forms must be completed by their parent/guardian and signed by both the parent/guardian and student. All seventh and eighth grade packets must be returned to the Brackman Main Office by October 30, 2023 NO EXCEPTIONS. All grade six forms should be returned to the Horbelt Nurse's office by October 30, 2023 NO EXCEPTIONS.**

Over

To print physical paperwork, please follow these steps:

1. Go to www.barnegatschools.com
2. Click the "Athletics" tab in the white box in the center of the page
3. Click on the link for "Forms and Regulations" on the left-hand side of the page.
4. Once on the "Forms and Regulations" page, scroll down to the following links:
 - a. Athletics Form – New Physical Forms
 - b. Athletics Form – Physical on File Forms

-One or the other of these packets MUST be turned in for each season. The forms for Winter Sports are due to the Brackman Main Office for grades seven and eight or Horbelt Nurse's office for grade six by Monday, October 30, 2023.

-Consents must be completed on the parent portal.

If you have any questions, please call **Michelle Dengler, ROBMS Athletic Secretary @609-698-5880 ext. 47102**, or e-mail:

ROBMS Wrestling: Head Coach: Chris Salony, csalony@barnegatschools.com

ROBMS Wrestling: Assistant Coach: Derek Rizzo, drizzo@barnegatschools.com

ROBMS Boys Basketball: Brian Fitzpatrick, bfitzpatrick@barnegatschools.com

ROBMS Girls Basketball: Thomas Teator, tteator@barnegatschools.com

Tryout Schedule(To be held at ROBMS)

BOYS AND GIRLS BASKETBALL TRYOUT SCHEDULE

(Girls tryouts 2:30-4:00.....Boys tryouts 4:00-5:30)

Tuesday, November 14th 6th grade

Wednesday, November 15th 7th grade

Thursday, November 16th 8th grade

Friday, November 17th Final Cuts

WRESTLING

There are no tryouts for Wrestling. Practice begins Tuesday, November 14th

NOTE: Wrestling practices will take place at the Russell O. Brackman Middle School until 5:00 PM

****Boys and Girls Basketball practices will take place at the Russell O. Brackman Middle School and will rotate between 2:30-4:00 PM and 4:00-5:30 PM**

If you have any questions, please contact me at 609-660-7510 ext. 77106. Thank you.

**Sincerely,
John J. Germano
Director of Athletics
Barnegat Township Schools**